

Pizza Casserole

8 servings

To help with meal planning, make a list of your family's favorite meals and start planning the meals your family eats together the most.

- 1 pound lean ground beef
- 1 (14 ounce) jar or can spaghetti sauce
- 2 cups Mozzarella cheese, shredded
- 1 tube (10 biscuits, each) refrigerator biscuits

1. Wash hands with soap and water.
2. Preheat oven to 350 °F.
3. In a skillet, brown ground beef internal temperature reaches 160 °F on food thermometer. Drain fat.
4. Add spaghetti sauce to ground beef. Continue cooking until hot.
5. Spread mixture in 9 x 13-inch baking pan. Sprinkle cheese on top.
6. Place biscuits on top of cheese layer.
7. Bake approximately 10 minutes or until biscuits are done.
8. Using a spatula, place each serving upside down (ground beef up) on a plate.
9. Store leftovers in a sealed container in the refrigerator for up to 4 days.



Nutrition Information per Serving:(1/8 of recipe) Calories 300, Total Fat 15g, Saturated Fat 6g, Cholesterol 52mg, Sodium 641mg, Total Carbohydrate 19g, Dietary Fiber 2g, Sugars 6g, Protein 21g, Vitamin A 9%, Vitamin C 1%, Calcium 24%, Iron 13%.